

You say you want a REVALATION



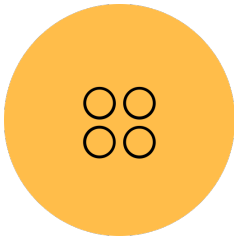
Carve out time and space for REFLECTION



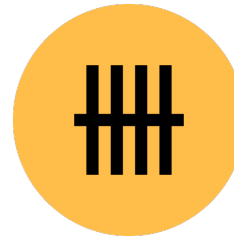
REMEMBER times when you felt you were **doing your thing, on your game, at your best**



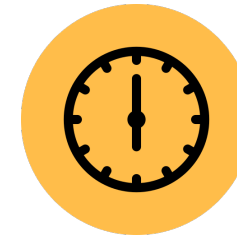
Make a list of the character traits you were exhibiting in that moment (e.g. intense listener, kind, funny)



RECOGNIZE that this is YOU at your core...your best self...you do this naturally



Consider what you might need to shift so that this YOU shows up more often. (e.g. more laughter, deep breaths, quiet, sleep)



Boldly share it with your biggest fans. (I promise they want you to be the best you!)
Start taking small steps towards this YOU that has been REVEALED